



St John Fisher Catholic Primary School

"Growing through God, we learn, laugh and love"

Newsletter 4th February 2022



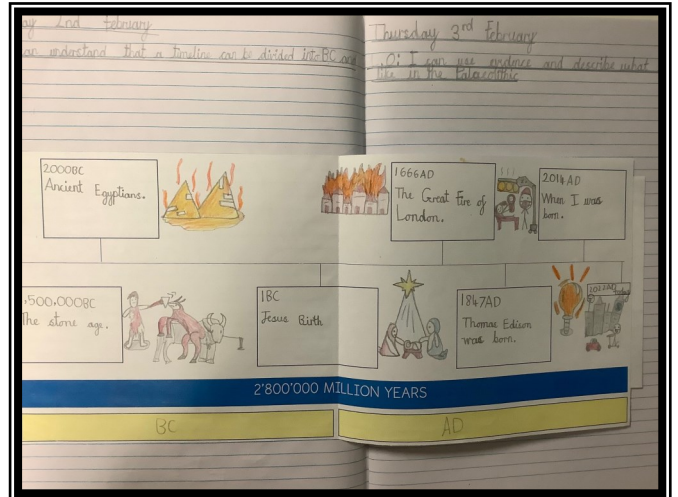
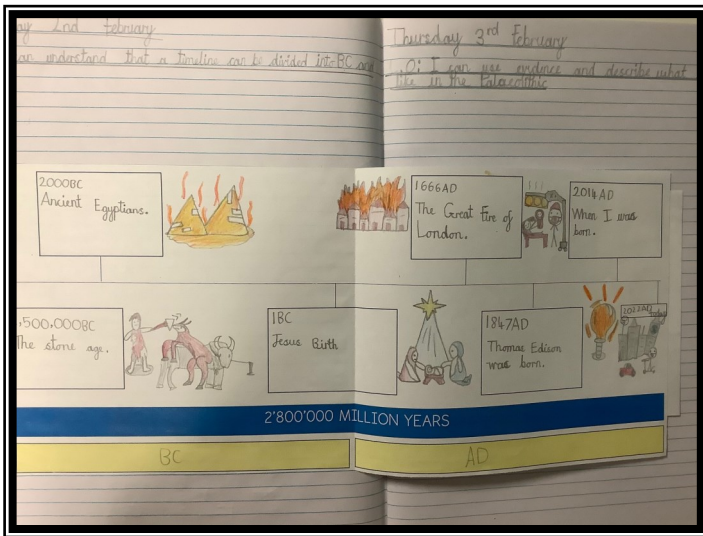
Our new History time
line wall





Year 4 have been ordering key events and different periods of time on a timeline. We have focused our learning on the Romans and used evidence to show how the lives of rich and poor people differed.

More history chronology from year 3



Very happy reception children enjoying their lovely new play area.



CHESS CLUB
Future Grandmasters
in the making.



Year 2 have been exploring maps of the UK to locate the capital cities.

10 Top Tips for Respect Online: INSPIRING CHILDREN TO BUILD A BETTER DIGITAL WORLD

Our ability to communicate with anyone in the world, at any time, via the internet has grown at breakneck speed. For teachers and parents, it can feel impossible to keep up. Worrying about our young people is understandable, and not unjustified: in 2020, for example, one in five 10- to 15-year-olds experienced bullying online. Our tips highlight ways that adults can support young people's positive online behaviours: by adopting and following 'netiquette', we can show them how to avoid getting into difficulty as they learn to negotiate the continually evolving digital landscape.

WHAT IS NETIQUETTE?

Just like etiquette is a set of rules which guides and governs our interactions with others in everyday life, netiquette – etiquette on the net – is the framework which helps inform how we communicate with people online. The rules of engagement often aren't the same as a face-to-face meeting, so it's important that we can accurately 'read' situations in the digital world and know how to act appropriately.



1 ACCEPT DIFFERENT RULES

A lot of our interaction with others is helped by non-verbal signals like body language and facial expressions. Online, of course, many of these clues are missing. Talk to your child about why this makes misunderstandings more likely to occur in the digital world and why keeping in mind that online communication is a very different process can help to prevent difficulties from arising.

2 PRESS 'PAUSE'

It's so easy to do things quickly online that most people (adults included) habitually send or respond to messages without considering the consequences. Pushing 'the pause button' buys a young person some time while they ponder the golden rule: "Would I still say this if the other person was right front of me?" You could practise this with your child on some made-up tricky situations.

3 THE INTERNET IS ADDICTIVE

Apps and sites use sophisticated algorithms and clever marketing to keep us engaged, while notifications to our devices are designed to draw us back in. It's no wonder that people continually return to the digital world, sometimes spending long periods of time there. You and your child could trial turning off notifications on certain apps and instead agree a time to check for updates manually.

4 BEWARE THE DARK SIDE

Getting a hurtful or unhelpful comment on social media or in a group chat can make the recipient feel publicly shamed. That's painful for anyone – but especially for a young person whose status in a group is integral to their sense of identity. Encourage your child to think about the best and safest way to send a message: for example, doing it as a private message rather than a public post.

5 HARMFUL INTERACTIONS

Unfortunately, it's very easy to send a hurtful message or to spread gossip and rumours online. We all know this happens regularly. Not having to deal with actually seeing the other person's distress usually doesn't help people to make a positive decision in the moment. It's important that trusted adults help children to visualise the potential consequences and have empathy for others.

Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.



NOS
National
Online
Safety®
#WakeUpWednesday

6 APPRECIATE DIFFERENCES

We're all built differently; some people are simply more emotionally sensitive than others. Young people can be particularly affected by negative online communication, such as group shaming. Even a single message (which might seem trivial at face value) can cause deep anguish. Trusted adults should be prepared to be patient and listen to any difficulties their child might have had online.

7 ACCENTUATED ANXIETY

Young people's online lives create a lot of anxiety. Messages go into a 'black hole' until someone responds, there are more reasons to compare ourselves negatively, and social media can make us feel like we're missing out. Encourage activities such as sports and hobbies to balance this out, and remember that merely blocking out thoughts (by gaming, for instance) isn't the same as relaxation.

8 PRO-SOCIAL BEHAVIOUR

A huge positive for the internet is how it helps people to feel connected and makes being kind and helpful easy to spread. When young people get involved in pro-social behaviours online, it creates a positive feedback loop which makes them feel good. Show your child examples of when you've done or said something positive online, and praise and encourage them when they do the same.

9 BE A GOOD ROLE MODEL

One of the best things we can do as trusted adults is to role model positive online behaviour. Just letting your child see that you know when it's time to put your phone away and do something more productive can set a strong example. Some families set aside particular times of the week (such as mealtimes or a family walk) where digital devices aren't allowed and conversation takes precedence.

10 SHOW COMPASSION

Mistakes can feel much bigger online, because they're so public. If a young person does or says something regrettable on the internet, it's important to support them to forgive themselves, learn any lessons and move forward positively. Even as adults, we can often stumble when learning how things work in the fast-moving digital world, so it's important to have compassion for ourselves, too.



Awards—Congratulations to the following children

SMILE AWARDS



SUPERSTAR AWARDS



DOJO AWARDS





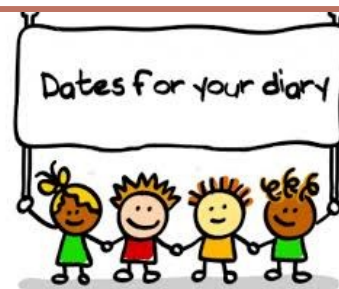
Here is the link if you wish to have a look at the Wednesday Word.

<https://www.paperturn-view.com/uk/wednesday-word/follow?pid=MTA101634&v=51.7>

2nd February 2022

Dates for your Diary

8th February	Safer Internet Day
15th February	Parents evening
16th February	Parents evening
1st March	Choir singing at the Brindley



FURTHER DETAILS WILL FOLLOW FOR ALL EVENTS NEARER THE TIME

Lunchtime and after school clubs

Tuesday lunchtime	Chess Club with Mr Redmond
Tuesday after school	Football, years 4, 5 and 6 with Mr Lynch
Wednesday after school	Table Tennis with Mr Ray
Thursday after school	Choir with Mrs Cunliffe
Friday lunchtime	French Club with Miss Brown

Coming soon, next half term there will be dance and multi skills clubs for KS1 children.



Choir News

The school choir have a busy time ahead. They are performing in the Brindley on the 1st March as part of Halton Primary Arts Network showcase. The concert will start at 7.00pm and finish approximately at 8pm. The tickets can be bought directly from the Brindley box office, the cost is £4 for adults and £3 for concessions. Please come and support your children because they have worked so hard for this.

On the 16th March they are singing at Saints Peter and Paul 's Spring Concert, it starts at 6.00pm and usually finishes between 8 and 8.30pm.

Tickets will be available from school very soon and will cost £5 for adults and £2.50 for concessions.