

St. John Fisher Catholic Primary School

Growing through God, we learn, laugh and love



PHYSICAL EDUCATION POLICY

In consequence of our school mission, it is a fundamental aim of St. John Fisher to be a school which is:

Nurturing – so we feel closer to God.

Compassionate – so we will look after others.

Inclusive – so that everyone feels valued.

Inspiring – to reach heights that we thought we never could.

Creative – to use all our talents to the best of our ability.

Active – to live life to the fullest.

Determined – to always learn and discover new things.

Introduction

All at St John Fisher Catholic Primary School are committed to the health and well-being of our pupils. As staff we understand how a broad and inclusive provision benefits individual and the school in general; our approach to Physical Education focuses very much on the holistic child. We strive for excellence in performance whilst recognising every child's achievements will be different. We also celebrate the creativity, commitment, leadership and analytical skills of our children, skills we look to develop through our curriculum and extra-curricular offer. PE enables children to learn confidence, perseverance, team spirit and organisation. We believe that children must engage in a programme of P.E that encourages fitness, improves their strength, suppleness, stamina and teaches those rules of games and an understanding of how to perform to an audience. This allows pupils to gain a sense of achievement and develop positive attitudes towards themselves and others.

Aims

- To be physically active and find enjoyment in physical activity.
- To acquire and develop a variety of physical skills to promote a healthy lifestyle and posture.
- To suggest how one's own performance and that of others can be improved and find a sense of achievement and fulfilment.
- To acquire knowledge and understanding of fitness and health.
- To provide opportunities for our pupils to lead through PE
- To understand the need for safe practice in physical activities for self and equipment.
- To develop spiritual, moral, social and cultural awareness through competitive and cooperative activities.

Intent

At St John Fisher Primary School, we believe that Physical Activity (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and developing life skills. We want to teach children skills to keep them safe, such as being able to swim, as well as developing skills that can be applied to many sports. We also want to teach children how to collaborate and co-operate with others as part of an effective team, understanding fairness and

equity of play to embed lifelong values. Our curriculum aims to improve the wellbeing and fitness of all children at St John Fisher Primary School, not only through sporting skills taught, but through the underpinning values and disciplines PE promotes.

Role of the subject leader

The PE subject leader has the responsibility to lead PE by producing an annual action plan; monitoring standards of teaching and learning; supporting staff with CPD needs; reporting to the SLT about standards, participation and competition and coordinating an extra- curricular programme and intra and inter school events.

Inclusion

School uses a scheme of work called The Primary PE Passport and the subject leader inputs along term plan at the beginning of each calendar year. It is expected that staff deliver a full national curriculum to the children and that they prepare for lessons thoroughly by reading the planning in The PE Passport; getting resources ready beforehand and adapting plans where necessary and for children with specific needs. In planning and teaching P.E teachers will have due regard for the following principles:

- EYFS will give children opportunities to be physically active through Development Matters.
- All children in KS1 and KS2 will have full access to the P.E national curriculum
- Lessons will be differentiated using the STEP principles Space, Task, Equipment, and People.

Our commitment in KS2 to intra school events is because we want all of our children to experience competitive sport.

Equality and SEN Statement

At St John Fisher Primary School we aim to provide equality of opportunity for all children whatever their age, ability, gender, race, religion or background. We aim to create an environment that values each pupil and enables them to achieve their full potential. We provide a broad and balanced curriculum appropriately differentiated to respond to pupils' diverse learning needs. Ensuring differentiation is a fundamental and core element of inclusion. As such we plan and resource our learning, in line with our whole school policies, to enable all pupils to make good and sustained progress in P.E. In our differentiated planning we take due regard of factors such as classroom organisation, learning materials and the learning environment.

The opportunities and experiences we provide enable our pupils to participate fully and give their best across all aspects of school life. We place great value on the quality of relationships within our school community and celebrate the achievements of all pupils. We appreciate that children may have special educational needs throughout, or at any time during their school career. At St John Fisher Primary School we aim to facilitate the full inclusion of pupils with special educational needs.

We teach P.E. to all children, whatever their ability, in accordance with the school curriculum policy of providing a broad and balanced education to all children. Teachers provide learning opportunities matched to the needs of children in their class.

CPD

We are fully committed to keeping our staff fully aware of new developments in the National Curriculum and ensuring that lessons are safe and active and that the standards of teaching and learning is always good or better. Every two years, the staff will complete an audit detailing their competency and confidence in delivering the PE curriculum. The PE leader in conjunction with SLT will formulate a plan which is costed out and keep evaluative records to ensure value for money. Staff will then be able to access CPD including ETC's. These opportunities will be highlighted to all staff and records kept of those attending and any impact as a consequence.

Physical Activity

School is fully committed to ensuring that children grow up with a positive attitude to exercise and therefore tries to ensure that each child in EYFS receives 2 hours of physical activity in school each day and each child aged 5-11 receives a minimum of 30 minutes of physical activity per day. This is on top of their regular PE lessons.

Implementation

- PE at St John Fisher Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- The whole school plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. Children can attend after school sport clubs throughout the academic year.
- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year, a small group of Year 6 children are invited to become Sports Play Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.
- All children across KS2 attend swimming once a week for a 6 week programme. This is timetabled starting with year 6 then moved onto year 5, 4 and 3.
- We are soon to launch the "Daily Mile", to help meet the government target of all children being active for at least 60 minutes a day.

Swimming

It is policy at St John Fisher School that all children should be able to swim 25m by the time they leave as well as meet the other two requirements of the national curriculum. Therefore, swimming lessons are compulsory for all children. Children learn swimming in Years 3 to 6 with qualified swimming teachers. Guidelines recommend appropriate swimwear i.e. a one piece costume for girls and trunks (no longer than the knee) for boys.

Appropriate Dress

Children are expected to have their P.E. kit in school at all times. Our P.E. kit consists of appropriate footwear (pumps/indoors), white t-shirt and red shorts. Trainers/football boots can be worn outdoors for certain activities and children will be informed by their class teacher or sports coach when trainers/football boots are required. If children are having lessons outside during cooler months they may be allowed to come into school wearing suitable outdoor clothing e.g. a tracksuit/leggings/hoodie. If children do not have a P.E. kit with them for lessons, where possible they will be offered a spare kit. Where this is not possible, parents will be telephoned and asked to provide one. We expect teachers to set a good example by wearing appropriate clothing when teaching P.E. In line with school policy, jewellery is not permitted and watches must be removed before lessons.

Resources

- Children have access to a wide range of well-organised resources to develop the ability to select the appropriate equipment for a task.
- Teachers will ensure that resources are available when they are needed.
- Everyday resources will be stored and available from the P.E. store cupboard and returned after use. Children are not allowed to put items away unsupervised.
- Teachers will notify the P.E. Coordinator/Senior Management Team of damaged resources or if resources are running low.
- Children should be taught to use resources/equipment appropriately and independently. (Indoor and outdoor provision.)
- Teachers to use a diverse range of resource material to cater for all the needs of the children

Health and Safety

- An annual inspection of the gymnastic equipment is carried out by Playsound (28/9/23).
- The site manager will inspect the outdoor area each morning for hazards.
- The teacher delivering an indoor session is responsible for ensuring apparatus is correctly erected and safe. Children should not move equipment without supervision.
- The teacher should ensure that there are no hazards in the hall during PE.
- Children must not be responsible for the P.E equipment cupboard and must not enter the cupboard unsupervised.

Risk Assessments

All areas of the PE curriculum are risk assessed annually and shared with all staff. If any training needs arise e.g. manual handling, this will be arranged by our school site manager. Risk assessments are formally reviewed on a regular basis.

Accident reporting

Any accidents must be recorded in the accident book and on CPOMs.

Impact

We help to motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

Assessment

- Our assessment outcomes focus on the child's holistic development in PE and not merely on performance. It is completed through The Primary PE Passport using a combination of formative and summative assessment.
- Teacher's assessment through observation forms the basis of assessment for PE.
- Staff will use AFL to teach at the point of learning, in order to ensure that all children are making progress whilst using across a unit of work.
- Lesson evaluations are completed after each lesson through the teacher's notes section of the PE Passport to inform future teaching and assessments are carried out at the end of every unit of work. This assessment is against a set of clear objectives and outcomes linked with the national curriculum.
- The assessment outcomes are NOT incremental and are all equally weighted.
- The PE Passport recommends one assessment focus from the Performing, PHSE and Competition categories. That means schools can hone in on particular outcomes and carry out the process thoroughly.
- We assess across a range of units to ensure across the different strands of PE e.g. dance, gymnastics, OAA etc.
- The end of unit assessments clearly identify those children who are exceeding or not meeting the lesson objectives and outcomes identified in the units of work.
- The outcomes of these assessments will be passed onto the next teacher in order to inform and adapt planning accordingly. It will be monitored by the PE leader in order to monitor standards and formulate any future actions.
- It is the expectation that each teacher uploads a video from each unit of work on the PE Passport to show attainment and achievement in order to moderate standards across the school.

Monitoring and Evaluation

The PE leader has a formal monitoring and evaluation schedule which is available to all staff Regular monitoring and observations of PE lessons and plans are undertaken by the PE leader throughout each academic year and used to inform CPD needs. Observations will also take place of any extra-curricular providers.

Review

The PE Policy will be reviewed by the PE subject leader every 3 years and presented to the SLT and Governing Body for approval.